

West Hempstead PAL Judo Club
Winter Shiai
February 12, 2012
10am - 4pm

Tournament Director: Mr. Charles Schweizer

Location: West Hempstead PAL Clubhouse
817 Hempstead Ave
West Hempstead, NY 11552
(516) 485-5076

Cost: \$20 -1st Division, \$10 - 2nd Division: Competitors may compete in no more than 2 divisions. All Entries and Fees must be postmarked Feb 4, 2011.

Late registration will take place on Saturday February 11, 2012 at the West Hempstead PAL Clubhouse from 9am - 1pm, there will be a late registration fee of \$50 per division. No registrations will be accepted on Sunday February 12. Make Checks Payable to WHPAL and mail to the Clubhouse address listed above. **No Refunds.**

Spectator Fee: Entry in the 50/50 raffle (\$5 Entry: Per Family/10 Tickets), additional tickets to be sold at \$1 each, a drawing will be held prior to the start of each session.

Weigh-In: Sunday February 12, 2011 @ WHPAL Clubhouse:

Awards: Awards for 1st, 2nd, and 2-3rd places per division. All Competitors will receive an award. All other divisions and age groups will have pools larger than 4 people.

Contest Begins: See Chart on Page 2

Eligibility: Open to all members USJA, USJI, or USJF ages 4-16. Membership cards will be checked at weigh-in. USJA membership will be available (\$28 PAL Member, \$45 Non-PAL Member)

Rules: Smaller than usual competition and safety area. Modified IJF Rules, Round Robin for all divisions with 2, 3, or 4 competitors, Modified double elimination for all other divisions. 2 minute matches, 1 minute Golden Score for ages 12 and under, 3 minute matches, 2 minute Golden Score for ages 13-17. Shime-Waza will be permitted only in the teenager divisions (13 years of age and older). Arm Locks will not be permitted in any division. IJF Medical rules will be in effect.

No Blue Gi will be permitted, all competitors must have a white gi. Blue Belts will be provided.

Divisions/Weight Classes

Age*	Novice* White, Yellow, and Orange Belts
4-6	Light, Medium, Heavy
7-9	Light, Medium, Heavy
10-12**	Light, Medium, Heavy
13-16**	Light, Medium, Heavy

* Tournament Director Reserves the right to combine divisions due to a lack of participants.

** Ages 11-16 will have separate divisions for Girls and Boys.

***In the event there are not enough girls to make a separate division, then all girls 13-16 will be combined to make divisions

Contest Begins

Age	Weigh-In	Starting Time
10-12	8:00 - 9:00 am	10 am
13-16	8:00 - 9:00 am	10 am
4-6	12:00 - 1:00 pm	2:00 pm
7-9	12:00 - 1:00 pm	2:00 pm
<p>Do to the limited amount of space for spectators, we ask that you do not arrive earlier than 30 minutes before the schedule shiai start time. Mat space will be made available for warm ups, prior to the start of each age grouping.</p>		
<p>Any Competitors may weigh-in on Saturday Febuary 11, 2012 from 9am to 1pm at the WHPAL clubhouse. Any competitor who weighs in at this time will not have to weigh-in on Sunday and should arrive 30 minutes prior to the scheduled start time.</p>		

Directions East or West: Southern State Parkway to exit 18 (Eagle Ave), Make a left turn off of the exit ramp onto Eagle Avenue traveling west. At the end of the road, (Hempstead Ave), make a left turn and then a quick right turn into the parking lot next to the tan building (WHPAL).

Entry Form:

Mail with waiver, copy of membership card, and check payable to WHPAL to
West Hempstead PAL Judo Club
817 Hempstead Ave
West Hempstead, NY 11552
Attn: Mr. Charles Schweizer

NAME: _____

ADDRESS: _____

CLUB: _____ AGE: _____ DOB: _____

RANK: _____ WEIGHT: _____ GENDER: _____

of DIVISIONS: _____ TOTAL FEE ENCLOSED: _____

USJA/JI/JF #: _____ INSURANCE EXPIRATION DATE: _____

West Hempstead PAL Judo Club
Winter Shiai
Sunday February 12, 2012

Waiver of release and liability and agreement to participate

In consideration of being permitted to participate in any way, including travel to and from, in any Judo tournament, practice, clinic, and related events and activities of the United States Judo, Inc., United States Judo Federation, United States Judo Association, New York State Judo, Inc. West Hempstead PAL, West Hempstead PAL Judo Club, I hereby:

1. Acknowledge that I am familiar with the sport of Judo and understand the rules governing the sport of Judo and the importance of following these rules.
2. Agree that before participating, I have a right and duty to inspect the mats, equipment, facilities, to be used, and if I believe anything is unsafe or beyond my capability, I will immediately advise my coach or supervisor of such condition(s) and refuse to participate.
3. Acknowledge and fully understand that I will be engaging in a contact sport that might result in serious injury, including permanent disability or death, and severe social and economic losses due not only to my own actions, inactions or negligence, but also to the action, inaction or negligence of others, the rules of the sport of Judo, or conditions of the premises or of any equipment used. Further, I acknowledge that there may be other risks not known to one or not reasonably foreseeable at this time.
4. Knowing the risks involved in the sport of Judo, I assume risk and accept personal responsibility for the damages following such injury, permanent disability or death.
5. Through this waiver, release, discharge and covenant not to sue United States Judo, Inc., or United States Judo Federation, United States Judo Association, New York State Judo, Inc., West Hempstead PAL, West Hempstead PAL Judo Club their respective administrators, directors, agents, coaches, and other employees or volunteers of the organization, event officials, medical personnel, other participants, their parents, guardians, supervisors and coaches, sponsoring agencies, sponsors, advertisers, and if applicable, owners, lessors, and lessees of premises used to conduct the event, all of whom are hereinafter referred to as "released parties," from any and all claims, demands, losses, or damages on account of injury, including permanent disability and death of damage to property, caused or alleged to be caused in whole or in part by the negligence of the released parties or otherwise.

The parent(s) of legal guardian(s) of minor participants (ages 18 and below) additionally certify that they have instructed the minor participant to the above warnings and conditions and their ramifications, and that they consent to the minor's participation.

I have read the above waiver and release, understand that I give up substantial rights by signing it, and knowing this, sign it voluntarily. I agree to participate knowing the risk and conditions involved and do so entirely of my own free will.

Participant:

Guardian:

Signature:

Signature:

Date:

Date: